



# Dr. Marvin Marshall

## INTERNATIONAL STRESS EXPERT

Speaker • Author • Advisor



*Your presentation inspired, motivated and sent our 800 teachers off with practical and easy strategies that will make a difference!*

Karen Boyes, CEO  
Spectrum Education  
Wellington, New Zealand

*Excellent presentation, so eloquently delivered, made a leadership conference that will be long remembered."*

Patricia A. Romandetto, Supt.  
Community School District 3  
New York City Board of Ed.

### 25 Countries on 5 Continents

Dr. Marshall has traveled around the globe presenting in 25 countries on 5 continents to thousands of businesses, teachers, and parents on how to easily and effectively reduce stress.

### A Transformational Experience

Once an audience experiences Dr. Marshall's life-changing approach, people immediately reduce their stress in both their professional and personal lives.

**Book Dr. Marvin Marshall Today!**

[Marv@MarvinMarshall.com](mailto:Marv@MarvinMarshall.com)

714.220.1882

[MarvinMarshall.com](http://MarvinMarshall.com)





# The Ultimate Speaker for Stress Management

## The Leading Expert on Stress Management

Dr. Marshall is *the* leading expert in America on stress reduction. More than just presenting, he is a renowned author having written three books on the subject:

***Live Without Stress, Parenting Without Stress, and Discipline Without Stress.***



## Topics Covered While Presenting

During his presentations, Dr. Marshall demonstrates how to:

- Reduce Stress
- Improve Relationships
- Increase Effectiveness
- Use Authority Without Coercion
- Handle Every Behavior/Discipline Problem

*We have seldom conducted a conference or workshop that received such consistently high evaluations from participants.*

Wayne A. Babchuk, Ph.D.  
Univ. of Nebraska  
Lincoln, NE



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## Contact

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